

Morning Sessions

Eve Montague, MSM, MT-BC, is Director of Creative Arts and a member of the voice faculty at South Shore Conservatory's Music Therapy Department. She received a degree in music education from the University of Western Ontario, her music therapy equivalency from Western Michigan University, and her Masters of Science in Management from Emmanuel College. Eve is a board certified music therapist, working for over 25 years with both children and adults in educational and vocational settings implementing a diverse range of programs. She is also the President for the New England Region of the American Music Therapy Association and serves as the Internship Committee representative for the region. Eve is also a guest lecturer at Berklee College of Music.

Lynn Lazarus Serper, Ph.D. is recognized for her groundbreaking work on learning programs for brain health and vitality. She founded and developed The Serper Method, an innovative, interactive, intervention combining thought-provoking, frustration-free cognitive activities with socialization while stimulating the plasticity of still healthy brain cells. The program has been used successfully in the United States, Canada and Australia by individuals with Alzheimer's disease, stroke/aphasia, traumatic brain injury and age-related challenges. Research projects using The Serper Method yielding successful results including focus, attention, short-term memory, executive function, mental flexibility, mini-mental scores and a decrease in depression. More information can be found on www.serpermethod.com

The Alzheimer's
Partnership of the
South Shore
P. O. Box 336
Pembroke, MA
02358



**CARE PARTNERS ARE INVITED TO ATTEND THIS EVENT
FREE OF CHARGE – PLEASE REGISTER**

8th Annual South Shore Alzheimer Educational Conference

Wednesday April 24, 2013

Linden Ponds

203 Linden Ponds Drive
Hingham, MA 02043

A Purposeful, Meaningful Day For those Living with Alzheimer's Disease

Presented by:

The Alzheimer's Partnership of the South Shore



alzheimer's 
association®

Alzheimer's Association of MA/NH
617.868.6718
www.alz.org/MANH



Massachusetts Chapter

Afternoon Sessions

Nancy Emerson Lombardo, Ph.D. has worked for over 25 years in the fields of Alzheimer's disease and services for older adults. She is a founder of both the national Alzheimer's Association and Alzheimer's Disease International. She is also a member of the American Society on Aging and the Gerontological Society of America, and the International Academy of Nutrition and Aging. During the past decade she has developed lifestyle interventions for both treatment and prevention of Alzheimer's disease, and to improve quality of life for older adults. Her most important recent effort is the development of Memory Preservation Nutrition (R) © 2005,2006, a nutritional program for the dual purposes of helping people reduce their own risk of Alzheimer's disease, and to slow progression and improve the lives of persons who are already living with Alzheimer's. She is a popular speaker and has presented to a variety of professionals, clinical and lay audiences around the world.

Karen Schon, Ph.D. is a senior postdoctoral associate at the Cognitive Neuroimaging Laboratory, The Center of Excellence for Learning in Education, Science, and Technology (CELEST), the Silvio O. Conte Center for Memory and Brain and The Boston University Alzheimer's Disease Center. Dr. Schon's research investigates the role of the hippocampus and related medial temporal lobe structures and the prefrontal cortex in episodic and working memory and examines the relationship between the two memory systems using functional MRI and other techniques and a variety of cognitive paradigms. Research interests include brain plasticity in the adult human brain, effects of exercise on cognition, and how functional and structural brain-behavior relationships change as a function of healthy, successful aging, and as a function of psychiatric and neurodegenerative disorders. Dr. Schon was awarded an NIH Pathway to Independence Award from the National Institute on Aging to investigate the effects of aerobic exercise and cardio-respiratory fitness on memory, hippocampal function and structure, and the role of neurotrophins in mediating this relationship in healthy young adults and in aging.

PROGRAM AGENDA

8:30 AM – 9:30 AM: Registration/Breakfast

9:30 AM-9:45 AM: Opening Remarks

MORNING SESSIONS:

**DR. SERPER
EVE MONTAGUE**

9:45 AM-10:45 AM: *“Learning, Laughing and Social Engagement Appear to Slow Cognitive Decline for Persons with Alzheimer's Disease”*

10:45AM – 11:00 AM: BREAK

11:00 AM-12:00 PM: *“Therapeutic Benefits of Music for Individuals Living with Alzheimer's”*

12:00 PM-1:00 PM: LUNCH

AFTERNOON SESSIONS:

**DR. EMERSON LOMBARDO
DR. SCHON**

1:00 PM -2:00 PM: *“Healthy Eating for a Healthy Brain”*

2:00PM – 2:15 PM: BREAK

2:15 PM-3:15 PM: *“Walk to Remember”*

3:15 PM-3:30PM: Closing Remarks and Raffle Prizes

Care Assistance Grants and Applications

All proceeds from our conference will be used to benefit those in need of Care Assistance Grants

To obtain an application or information on Alzheimer's Partnership Care Assistance Grants call Wanjiku Depina at 508.837.9889 or wdepina@wingatehealthcare.com

Note: Limited Adult Day Health Care, Respite & Home Assistance may be available for this event.

REGISTRATION FORM

**Early Bird CEU Registration available until
March 30, 2013**

- Full Day – 4 CEU's
- Morning Session Only- 2 CEU's (lunch not included)
- Afternoon Session Only – 2 CEU's (lunch not include)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone (_____) _____

Profession for CEU (circle one):

Nurses Social Workers Activities Administrators

Mail Registration to:
P.O. Box 336 Pembroke MA 02358

Make checks payable to:
The Alzheimer's Partnership - South Shore

If you have questions regarding registration for this program please contact: Hilary Troia at 781.924.5694 or hilary.troia@homeinstead.com.

**Educational and CEU Program
9:45AM-12:00PM and 1:00PM – 3:15PM**

- Early Bird Fee \$45 (pre March 30th)
- Regular Fee \$60 (post March 30th)
- I'm a caregiver, admission is complimentary

Note: Fee is for those professionals who will be attending or needing continuing education credits. For CEU info contact David Banks at 781-871-0555.